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Aid trickles into Myanmar

Cyclone death toll reaches 22,000

International aid began to trickle into Myanmar yesterday, but the stricken Irrawaddy Delta, the country's rice bowl where 22,000 people perished and twice as many are missing, remained cut off from the world.

In Yangon, government soldiers

were out on the streets in large numbers for the first time since cyclone Nargis hit over the weekend, helping to clear away rubble. Buddhist monks and Catholic nuns wielded axes and long knives to remove ancient, fallen trees that were once the city's pride.

However, coastal areas of the delta worst hit by the high winds and tidal surges were out of reach for aid workers, isolated by flooding



volunteer mission

» Four Torontonians, undeterred by reports of red tape, are heading out to Myanmar today to bring clean water and essential medicines to the thousands of victims of cyclone Nargis as part of a charity aid mission staffed by volunteer paramedics and rescue workers.

and road damage.

No Canadians are reported among the dead and injured. A Foreign Affairs Department spokesman in Ottawa said consular officials

were attempting to contact all 57 Canadians known to be in Myanmar. Most were registered as being in the Yangon area.

The UN's World Food Program

said international aid began to flow, with more than 700 tonnes of food getting through to the first of nearly one million people left homeless by the cyclone. "Our biggest fear is that the aftermath could be more lethal than the storm itself," said Caryl Stern, who heads the UN Children's Fund in the United States.

Ottawa has set aside up to \$2 million to provide urgent relief.

THE ASSOCIATED PRESS

» sports p.12

still perfect
Canada edges U.S. at worlds



» nursing week inside

Celebrating Ontario's nurses



» automotive inside



Details make Tucson

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WEATHER P. 37



JAE C. HONG/THE ASSOCIATED PRESS

Early winner

U.S. Democratic presidential hopeful Barack Obama greets supporters last night as he arrives at a primary election night rally in Raleigh, N.C. Obama easily won the North Carolina primary while Hillary Clinton was leading in Indiana late last night. Clinton's chances hurt, page 8.

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toronto

Durham Region's tourism department organized a geochaching event in Ajax yesterday. The outdoor sport, in which participants use a GPS to hide and seek 'treasures,' is fast gaining popularity in the GTA. **TORSTAR NEWS SERVICE**

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celebritybuzz**headed to altar?**

Jessica Simpson engaged to football star Tony Romo, reports claim. » **38**

in tomorrow's
metro
billy's best bottles
 Columnist explains why France might be the most improved wine-maker in the world.


Home for everyone

Housing program poised for huge funding boost

When outreach workers began asking homeless people if they could put a roof over their head, the answer was typically: "Yeah, right." Three years later, the staff at the Streets to Home program (S2H) are getting a much better reception on Toronto streets — and at city hall.

The \$8.7 million program is poised for a huge funding boost — \$2.5 million more this year, \$4.9 million next — opening the door to ex-

many helped

» The program has helped more than 1,750 people find homes — nearly 90 per cent of them still housed.

panded services to help find jobs and more permanent housing to those who live in shelters or other housing but spend their days panhandling, especially downtown.

The executive committee's call is a ringing endorsement for the program launched by city council in 2005 with the aim of ending street homelessness.

TORSTAR NEWS SERVICE
»news **In Brief**

» **CONDO** The former Hummingbird Centre is a step closer to getting the boot. The \$200 million, 57-storey boot-shaped condominium called the "L"

Tower — which will wrap around the city-owned theatre — was approved at Toronto and East York community council yesterday. **TORSTAR NEWS SERVICE**

Pink issue **Miller time**


Mayor David Miller, second from left, congratulates Metro English Canada Group Publisher Bill McDonald yesterday for going pink in support of breast cancer research. Sharon Wood, left, and Hilary Sadler, both of the Canadian Breast Cancer Foundation, along with members of the Metro Toronto street team, shared the moment in front of city hall.

DAVID VAN DYKE/METRO TORONTO

budget deficit
Catholic board asks for more time

SCHOOL Toronto's Catholic board is appealing to the education ministry for more time to balance its budget to avoid cutting full-day kindergarten and crucial literacy programs for young children.

A government spokesperson yesterday said the province is looking for a "commitment from them to reduce the deficit."

The Toronto Catholic District School Board Chair Catherine LeBlanc-Miller said some "breathing room" would make all the difference.

TORSTAR NEWS SERVICE
»news
In Brief

» **ANIMALS** The Toronto Zoo has found a new home for its three male reindeer — after being hotly criticized for a decision to cull its reindeer herd and slaughter two newborn male reindeer earlier this spring. The Bowmanville Zoo has agreed to take the animals, the Toronto Zoo announced yesterday.

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TTC fined \$200,000

Safety laws broken in death of subway worker

The Toronto Transit Commission has been fined \$200,000 for breaking provincial workplace safety laws in the death of a subway worker.

Antonio (Tony) Almeida, 38, was killed in April 2007 while working with a crew that was removing asbestos from the tunnel on the Yonge subway north of Eglinton. He left his wife, Sonya, and two children.

Several other members of the 11-man crew were seriously injured.

The TTC pleaded guilty yesterday before Justice Robert Bigelow to a charge of failing to take every reasonable precaution for the protection of the worker.

This accident and others have set in motion a complete overhaul of TTC safety practices, chairman Adam Giambrone said yesterday.

Giambrone said the TTC's safety culture is in the process of changing.

"We've got a lot of work to do, and we've just started," Giambrone said.

The TTC lost nearly 21,000 work days due to injury in 2007 — up from just more than 15,000 work days in 2002.

TORSTAR NEWS SERVICE

Hot stuff Training firefighters



A metal fuselage is extinguished by firefighters from the Hamilton Airport Fire Department yesterday at the Fire and Emergency Services Training Institute at Toronto Pearson International Airport. Since opening its doors to new recruits in April 2007, the institute has successfully trained more than 2,000 people from around the world.

STEVE RUSSELL/TORSTAR NEWS SERVICE

'Bathtub killers' to stay in jail, judge rules

Two Mississauga sisters convicted of murdering their mother in a bathtub will remain in prison for now instead of entering a halfway house or being put under house arrest.

In dismissing their bid for early freedom, Justice Bruce Duncan yesterday criticized the federal prison system for not following the principles of Canada's young offender laws.

He said he didn't think the young women, now 20 and 21, were being treated as youths — despite being sentenced as youths.

The judge said he seriously thought about releasing them as a way of "sending an emphatic message" that the policy of transferring youths into the federal system and treating them as adult offenders must change.

TORSTAR NEWS SERVICE

»news In Brief

» **TRANSIT** All GO Transit's Milton trains are now pulling 12 cars that accommodate 300 additional passengers on each train. The 12-car trains are also being used on three Lakeshore runs: The 8:25 a.m. Oshawa express train to Union Station; the 5:03 train to Pickering from Union; and

the 4:10 p.m. express to Burlington from Union Station.

» **CRIME** Five people arrested Monday are facing a total of 51 charges in connection with an organized crime ring that had been breaking into GTA banks by cutting holes in roofs. Four Toronto men, Soni

Shkemi, 24, Hektor Kaloshi, 31, Selim Kaloshi, 24, and Paulin Harusha, 26, are charged with numerous offences including conspiracy and participation in organized crime. A Toronto woman, Alexandra Rabinovitch, 29, is also charged.

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Builders blast development charges

Report says
Toronto is one of
the worst culprits

Builders are decrying a 75 per cent increase in development charges across the Greater Toronto Area since 2001 and argue that new homeowners are picking up a disproportionate amount of the tab for new roads, sewers and the like.

Singling out Toronto as one of the worst culprits, with a 342 per cent jump in development charges on single-family homes since 2001, a new report from the building association comes as a shot across the bow to the city as it considers hiking charges even more.

"The dramatic increase in building charges across the GTA is excessive. They're unsustainable and they're coun-



taking aim

» The report took aim at 10 municipalities with the highest increases, including Newmarket, Markham and Vaughan, arguing that total development charges are adding more than \$30,000 to the cost of a new home.

terproductive," Michael Moldenhauer, president of the Building Industry and Land Development Association (BILD), told a news conference yesterday.

A study BILD commis-

sioned, titled Over The Top, lists the increase in development charges across 25 GTA lower-level municipalities from 2001, which rose an average of 75.1 per cent for all housing types, including sin-

gle-family homes, townhouses and condominiums.

Inflation during that period was just 11.7 per cent.

In Brampton, the average development charge for a new single-family home is \$35,398 — the highest in the GTA, according to BILD.

Moldenhauer said the hikes are squeezing potential new buyers out of the market.

Within the next two months, the City of Toronto is

expected to review a staff report on changing development charges. Mayor David Miller urged caution on the issue in October, telling council he didn't want to discourage development.

Joe Farag, Toronto's director of development policy, said while the increase looks big in terms of percentage, the actual dollars paid in Toronto are one-third the GTA average.

TORSTAR NEWS SERVICE

North York issues traffic warning

Message aimed
at condo buyers

Buyer be warned: Rush hour traffic is brutal and likely to get worse.

City councillors in North York voted yesterday to support such a warning to prospective condo buyers in the Yonge Street and Sheppard Avenue area, where burgeoning condo development has made traffic an adventure.

Coun. John Filion, who

represents the area, noted at the North York community council meeting that a traffic study for the latest development proposal, on Avondale Avenue, shows how clogged area intersections are.

If approved by city council later this month, the warning would be similar to ones posted by the school board at condo projects, indicating that prospective residents shouldn't expect to be able to enrol a child in the overflowing local school.

TORSTAR NEWS SERVICE

Special gift for golfer

To Vic Morrow, 90, golf is life. Thousands of rounds after taking up the game, he's now hoping to shoot his age.

"On my 90th birthday last month, I would have done it, too — if I'd stopped on the 17th hole," he said yesterday at Credit Valley Golf and Country Club.

"I ended up with a 95, so that wasn't too bad."

As the club's oldest golfer,

Morrow again hit the first ball this spring to open the course along the Credit River.

This year was special, because for his birthday on April 25, the membership surprised him with a customized golf cart, with his picture and the moniker "The VIC Mobile."

Ian Webb, the club's manager, calls Morrow "Mr. Credit Valley."

TORSTAR NEWS SERVICE



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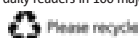
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canada



Canadian taxpayers paid \$82,727 to bring Brenda Martin, left, back to Canada from a Mexican prison on a leased Challenger aircraft last week, CBC News reported Monday.

THE CANADIAN PRESS

quick look

Highlights from Auditor General Sheila Fraser's report to Parliament, released yesterday:

- » Native children under the care of welfare agencies are being short-changed by a fee structure that hasn't changed since 1988, despite increased needs.
- » The prime minister's residence is crumbling, and workers need \$10 million and 12 to 15 months' of prolonged access to fix the problems.
- » Transport Canada has not properly managed a new safety regime that requires aircraft operators to carry out their own safety checks without direct government inspections.
- » The Defence Department's supply lines to Afghanistan are shaky, though soldiers there so far are getting what they need.
- » The Public Health Agency of Canada relies primarily on the goodwill of the provinces to get timely information about disease outbreaks, a system that isn't working.

Where are illegals?

Border agency has lost track of 41,000 people: AG

Canada's border agency doesn't know the whereabouts of 41,000 people ordered to leave the country, makes flawed decisions about when to lock up suspected illegals and keeps poor tabs on spending when it does usher them out of Canada, says the federal auditor general.

In a report yesterday, Sheila Fraser criticized the Canada Border Services Agency for failing to monitor its detention and removal de-

cisions across the country to ensure they are being made properly.

Fraser says as a result, growing numbers might be in Canada illegally, jeopardizing the integrity of Canada's immigration program.

passports

» Foreign Affairs lumps an unfair consular services fee of \$25 into the \$85 cost of an adult passport, the auditor general said yesterday. Sheila Fraser took the department to task, saying it collects more than it should, even though its own rules say it's supposed to break even.

come a resident in Canada?" she said.

Some of the problems were traced to difficulties with a major new computer system that lagged years behind schedule. **THE CANADIAN PRESS**

Vancouver Insite vigil



RAFE ARNOTT/METRO VANCOUVER

Carmen Phillips sits among almost 1,000 crosses at a vigil held at Crab Park in Vancouver yesterday. Dozens gathered to remember lives lost to drug addiction, and those saved at Vancouver's supervised injection clinic, Insite.

Canadian soldier killed in ambush

Another wounded on goodwill patrol in Afghanistan

Taliban militants chose to stand and fight yesterday, unleashing an ambush that killed a Canadian medic on a goodwill patrol in a hotly contested district west of Kandahar.



Starker

Cpl. Michael Starker, of the 15th Field Ambulance Regiment, was pronounced dead in a military hospital after his Civil-Military Co-operation team (CIMIC) patrol came under fire in the Pashmul region of Zhari dis-

trict, about 25 kilometres outside the city.

A second unidentified soldier was wounded. He is reported to be in stable condition.

Starker was born and raised in Calgary, where he worked as a paramedic for three years, the city's EMS chief told reporters late yesterday. Tom Sampson said Starker was the type of person who would always help those in need.

Starker becomes the 83rd soldier to die in Afghanistan since the fall of the Taliban in 2001. **THE CANADIAN PRESS**

» news

In Brief



» **PRAYER** Neither the wrath of his Catholic mother nor the thousands of e-mails and petitions from the public prove Ontario should cling to the tradition of opening the daily proceedings of the legislature with the Lord's Prayer, Premier Dalton McGuinty said yesterday. Although at least one Jewish Conservative says the Liberals should listen to the more than 6,000 people who have written to the province so far about the proposal to replace the Lord's Prayer, McGuinty said it's the government's job to lead and ensure the daily reading at the legislature reflects the diversity of Ontario.

» **STAMPS** Some legendary Canadian rockers are getting their own stamps. Canada Post says Bryan Adams and Stompin' Tom Connors will be featured in its 2009 stamp program as part of its Canadian Recording Artists series. **THE CANADIAN PRESS**

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Mapleview Mall
Milton Crossroads Centre

Brampton

Bramalea City Centre
Shoppers World
60 Great Lakes Dr.
(inside Home Depot)
2880 Queen St. E
(Hwy. 7 & Airport Rd.)

Georgetown

Georgetown Marketplace

Mississauga

Dixie Outlet Mall
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6 - 25 West Beaver Creek Rd.
9301 Bathurst St.

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world



Two women were hospitalized after a New Zealand cafe mistakenly served dishwashing liquid as mulled wine, a newspaper reported yesterday.

THE ASSOCIATED PRESS

Gender hurt Hillary: Ex-PM

Women not seen as leaders by most, Campbell says

The only woman to serve as a Canadian prime minister says Hillary Clinton likely suffered early in her campaign from advisers who thought voters might have difficulty accepting a woman as their commander-in-chief.

Kim Campbell told an audience at the University of Alberta on Monday that gender roles are learned at a very young age and that most people don't associate women with being leaders.

Campbell said Clinton, who is vying to become the Democratic party nominee in this fall's U.S. presidential election, was likely told she needed to establish herself as a strong leader.

But Campbell said that came at the expense of allowing people to see her charismatic side, which voters also want in a candidate.

"She might have got away with that if there hadn't been this strong, charismatic, visionary African-American in the race," Campbell said, referring to Clinton's rival, Barack Obama.

prime minister

» In 1993, Campbell became Canada's first female prime minister by replacing outgoing leader Brian Mulroney.

THE CANADIAN PRESS

Israel Celebrating 60 years



Israeli designer Galit Levi displays a dress yesterday showing images of Israeli President Shimon Peres and former Israeli presidents in Tel Aviv. Israel will mark the 60th anniversary of the founding of the state starting today.

ARIEL SCHALIT/THE ASSOCIATED PRESS

U.S. frat boys busted for dealing drugs

75 San Diego State students arrested

Dozens of San Diego State University students were arrested after a sweeping drug investigation found that some fraternity members openly dealt drugs and one even sent a mass text message advertising cocaine, authorities said yesterday.

Two kilograms of cocaine were seized, along with 350 Ecstasy pills, marijuana, psychedelic mushrooms, hash oil, methamphetamine, illicit prescription drugs, several guns and at least \$60,000 in cash, authorities said.

Of the 96 people arrested, 75 were students.

Eighteen of the students were arrested yesterday.

THE ASSOCIATED PRESS

»news In Brief

» **VOLCANO** The Chaiten volcano in southern Chile, dormant for at least 9,000 years, blasted ash some 30 kilometres into the sky yesterday, forcing thousands to evacuate.

» **ATTACK** Hundreds of Palestinian police came under fire when they deployed in a militant stronghold yesterday

as President Mahmoud Abbas pushed ahead with a U.S.-backed program to assert authority in the West Bank.

» **SEARCH** Interpol launched a worldwide appeal to the public yesterday to help identify a man suspected of sexually abusing young boys from Southeast Asia.

THE ASSOCIATED PRESS

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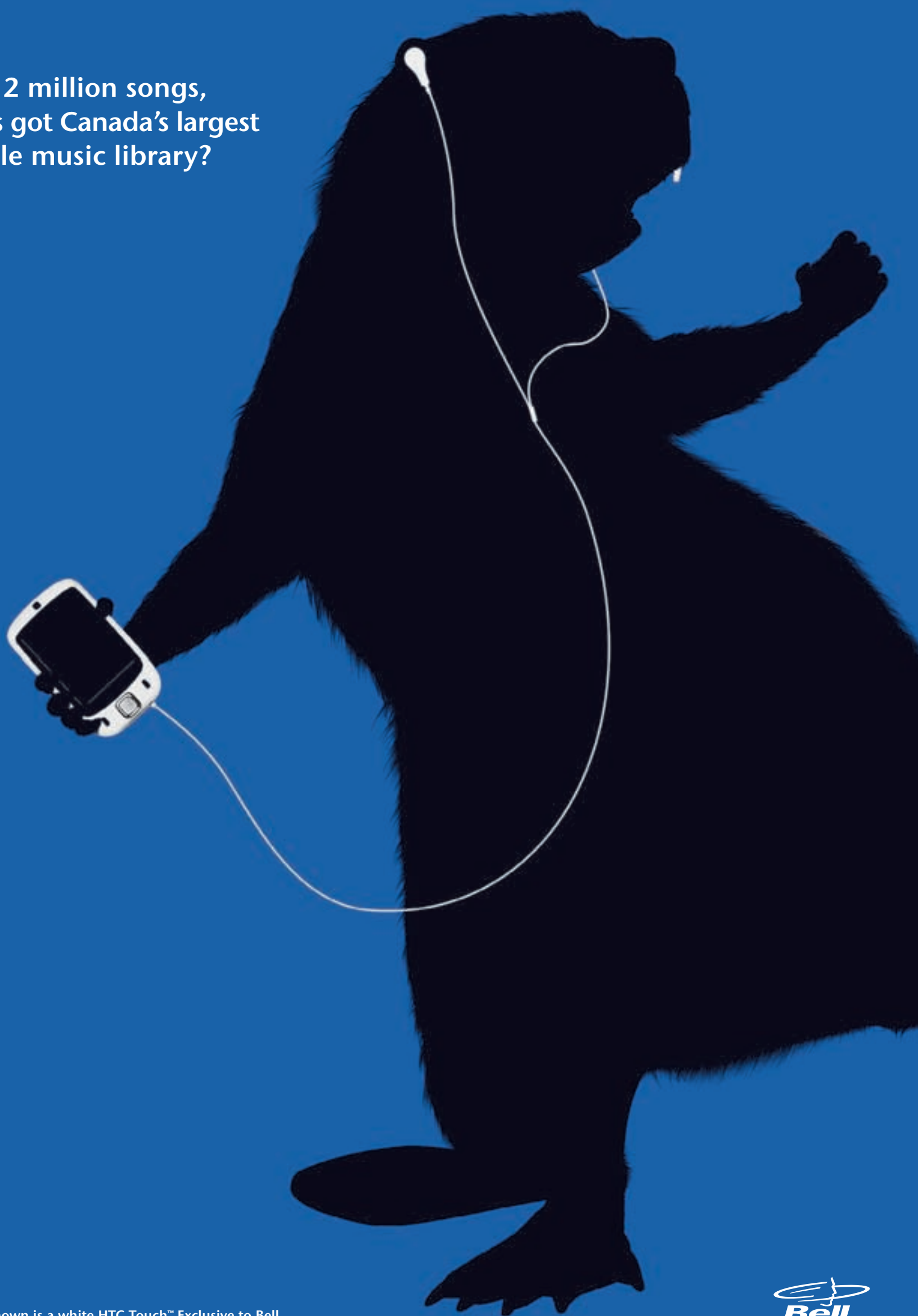
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40	13.25	17.55	27.90
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50	21.06	35.10	61.20
55	25.02	55.35	94.05
60	37.44	85.73	162.90
65	62.19	144.45	280.35

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New Rogers service

Cable giant to roll out cellphone WiFi plan today

Rogers Communications is continuing to take aim at traditional phone companies with a new mobile service it says could eliminate the need for a home phone for some subscribers.

The cable giant is set to begin rolling out a new GSM-based service today at both

limitations

» Subscribers can make unlimited calls only when they are within range of their "voice-optimizing" WiFi router, which must be plugged into a high-speed Internet connection.

its Rogers Wireless and Fido brands that allow subscribers to switch seamlessly between the Rogers cellular network and specified local WiFi hot spots.

The service, which must be purchased in addition to a regular cellphone plan, costs \$15 a month for unlimited local calls and \$20 a month for unlimited Canada-wide calls.

John Boynton, the senior vice-president and chief marketing officer at Rogers Wireless, said the service is to be promoted heavily at the company's youth-oriented Fido brand.

TORSTAR NEWS SERVICE

penny pinches

U.S. mulls making cents out of steel

COINS It now costs 1.26 cents US to make a penny. And the cost of a U.S. nickel is more than 7½ cents. Surging prices for copper, zinc and nickel have some in U.S. Congress trying to bring back the steel-made pennies of World War II. A penny consists of 97.5 per cent zinc and 2.5 per cent copper. A nickel is 75 per cent copper and the rest nickel.

THE ASSOCIATED PRESS

Microsoft bringing Zune to Canada

Microsoft's answer to Apple's iPod is finally coming to Canada. The Zune digital music player will go on sale on June 13. It will be available in three different sizes and range in price from

\$139.99 to \$249.99.

The Zune supports video and pictures and users can listen to FM radio and also can share music, photos and audio podcasts with other Zune devices nearby.

Zune's social networking feature allows users to do such things as see what music their friends are listening to and post their own music reviews.

THE CANADIAN PRESS

»news

In Brief



» **STATISTICS CANADA** Real-estate agents, appraisers and other real-estate industries reported total operating revenues of \$10.6 billion for 2006, an 8.1 per cent increase from 2005.

THE CANADIAN PRESS

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Chrysler tries luring buyers with gas deal

Chrysler is offering to subsidize the cost of gasoline for car and truck buyers in the United States — but rivals General Motors, Toyota and Ford said yesterday they have no plans to match it.

The maker of Chrysler, Dodge and Jeep vehicles on Monday night announced an offer that caps the price of gasoline at \$2.99 US a gallon for three years for U.S. customers who buy or lease new vehicles from today through June 2. The offer covers most of its models and is based on 12,000 miles of driving per year and the vehicle's U.S. government fuel economy rating.

Customers will get a card for buying gas that is linked to their own charge account, Chrysler said. The customer will be billed \$2.99 a gallon, and Chrysler will pay the rest.

Japanese automaker Suzuki Motor Corp. has made a similar offer in the U.S., with free gas for the summer.

General Motors Corp. said it tried a gas payment promotion two years ago in Florida and California with little impact on sales.

THE ASSOCIATED PRESS

oil prices

Record rise over \$200-a-barrel fears

ENERGY Oil futures blasted to a new record near \$123 US a barrel yesterday, gaining momentum as investors bought on a forecast of much higher prices. A new Goldman Sachs prediction that oil prices could rise to \$150 to \$200 within two years seemed to motivate much of the buying, although a falling U.S. dollar and concerns about declining crude production in Mexico and Russia contributed, analysts say.

THE ASSOCIATED PRESS

»news

In Brief

» **UNION TALKS** CAW president Buzz Hargrove says Chrysler didn't immediately commit to early negotiations for its new labour agreement after an initial meeting yesterday, but the automaker didn't reject the idea either.

THE CANADIAN PRESS

New TTC line to boost house prices

Study looks at transportation's effect on resales

The proposed expansion of the Toronto Transit Commission's Spadina line to Vaughan will be a major catalyst to population growth, driving up resale values by as much as 20 per cent along the corridor, says a 27-page

report released yesterday.

The six-station expansion is the top choice to benefit from future transportation changes in the Greater Toronto Area.

The study, The GTA Transportation Effect, looks at how transportation changes affect housing values.

The TTC plans to build new stops, starting with an extension to York University



expansion projects

» An extension of the TTC Yonge Street line beyond Finch to Steeles Avenue and into York Region is on the drawing board, as is an extension of the Scarborough line from McCowan station to Sheppard Avenue.

and ending at Vaughan Corporate Centre by 2014.

Analyst and study author Don Campbell estimates the biggest effect would occur within an 800-metre radius

of planned stations.

Demand will drive growth in the area until 2020 (five years past the completion date of the stations), Campbell forecasts.

The Sheppard West region will see particularly strong demand because of the planned TTC station and the potential for a GO train stop in the area, says the report.

"If the market goes up everywhere, these areas will increase by 10 to 20 per cent or more. If values in the GTA drop, these will drop by 10 to 20 per cent less," Campbell says.

TORSTAR NEWS SERVICE

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sports



Kobe Bryant, left, won his first NBA MVP award yesterday after leading the Los Angeles Lakers to the best record in the Western Conference. New Orleans' Chris Paul finished second.

THE ASSOCIATED PRESS

O Canada, what a win!

Heatley's last-minute goal lifts team past feisty U.S.

CANADA 5 U.S. 4

By MATTHEW WUEST
for Metro Toronto

The storyline was the same: Dany Heatley scores, Canada wins.

But this time, the opponent was Canada's hated rival, the United States, and the game was one that the boys wearing the Maple Leaf probably didn't deserve to win.

Heatley's sixth goal in three games with 46.8 seconds remaining lifted a sluggish Canadian squad to a 5-4 victory over the U.S. in Halifax in a game that was the first real test for both teams at the IIHF world championship.

Player of the game Cam Ward sparked in the Canadian net, making 29 saves amid heavy pressure from a young American squad that showcased impressive energy and jump.

"It was an ugly one," Canadian cap-



MIKE DENBECK/THE CANADIAN PRESS

Team Canada goalie Cam Ward, right, peers around defender Steve Staios and Team USA forward Jeff Halpern yesterday during the first period action at the world hockey championships in Halifax. Ward made 29 saves for the victory.

tain Shane Doan put it afterward, "but we found a way to win."

Ugly from the perspective of Team Canada, but not from that of the sold-out crowd of 9,192, which easily got its money's worth in a fast-paced game

with end-to-end action.

Canada, now 3-0, clinched first in Group B and plays next tomorrow at 3:30 p.m.

The opponent has not yet been decided.

Two Jays shortstops injured in loss to Rays

Struggles against Tampa continue

RAYS 5 BLUE JAYS 4

The Blue Jays' five-game winning streak came to an end last night, but of bigger concern was the status of their two shortstops, each forced to leave a 5-4 loss to the Tampa Bay Rays because of injury.

There was no immediate word on how badly hurt

David Eckstein and John McDonald are. McDonald was carted off the field in the sixth inning after his right ankle appeared to twist awkwardly under his body, an inning after a sore right groin sent Eckstein to the clubhouse.

The Jays had been seeking to win six straight games for the first time since May 2004 but instead continued to struggle against the Rays, who have won all four meetings this season.

THE CANADIAN PRESS

»sports In Brief



» **NBA** The Raptors are in the market for a new voice. Chuck Swirsky, the team's play-by-play announcer for the last 10 seasons, is leaving the organization for personal reasons related to his family. He will be the Chicago Bulls' radio play-by-play announcer.

» **HOCKEY** John Mitchell scored twice and added an assist last night in the Toronto Marlies' 8-2 rout of the Crunch in their American Hockey League second-round playoff series in Syracuse, N.Y. The Crunch still lead the best-of-seven series 2-1.

METRO NEWS SERVICES

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Deals paying off

Last-minute deals on the NHL's trade-deadline day last February certainly have mattered this year.

Consider:

- The Pittsburgh Penguins obtained both Marian Hossa and 6-foot-7 defence-man Hal Gill, major post-season contributors.
- Brad Richards has shone since being acquired by the Dallas Stars and is largely why this team will meet the Detroit Red Wings in the Western Conference final, which starts tomorrow night.
- The Washington Capitals surged to the playoffs with a strong late-season run sparked by goaltender Cristobal Huet, picked up from the Montreal Canadiens, who chose to rely on rookie goalie Carey Price. Price struggled in the post-season, simultaneously tarnishing the reputation of general manager Bob Gainey.

» If he scores against the Stars, Detroit's Johan Franzen will set the Red Wings' record for most playoff goals, surpassing the likes of Brett Hull and Sergei Fedorov ... Veterans Jaromir Jagr and Brendan



YORK REPORT
MARTY YORK
marty.york@metronews.ca

Shanahan won't be retained by the New York Rangers and will become free agents ... Ron Wilson soon will be fired as the San Jose Sharks' coach; the Ottawa Senators are interested ... Some CFLers are irked about the recent hiring of ex-coach Tom Higgins as the league's officiating chief. "Simply," a GM said, "he isn't qualified. He's never understood CFL rules." ... U.S. bloggers are roasting the CFL and the Argonauts for signing ex-NFLer David Boston after his legal troubles. At a site called Shutdown Corner, blogger MJD notes Boston's recent quote to Canadian reporters about his "good health." MJD wonders if the recreational drugs Boston used contributed to his condition. "And I hear (steroids) those are pretty healthy, too, if you consider freak-

ishly (big) biceps and tiny balls to be indicators of good health," MJD writes. "Good luck, Argos, with your latest reclamation project. And good luck, David Boston, in trying to become Canada's favourite doper since Ben Johnson. And congratulations, steroid dealers of Canada, on your impending financial windfall." ... In baseball, the offensively challenged Blue Jays are ranked 21st among the 30 MLB teams by Fox Sports, in arrears of all their AL East rivals. The Boston Red Sox are ranked first, the New York Yankees fifth, the Tampa Bay Rays 14th and the Baltimore Orioles 20th.

» And you knew Chris Paul is the top point guard in the NBA and may lead the New Orleans Hornets to a championship, but did you know he's a two-sport dude? Yep, Paul's a superb bowler. Might be better on the lane than on the court. He'll soon become a national spokesman for the U.S. Bowling Congress.

In three-plus decades as a columnist and broadcaster, Marty York has built a network of solid contacts and a renowned reputation for his hard-hitting, groundbreaking style. The tradition continues in Metro Sports.

»sports

In Brief

» **NHL** CBC's ratings for the second round of the playoffs were down 11 per cent from last year. **THE CANADIAN PRESS**

SCOREBOARD

NHL

CONFERENCE FINALS
EASTERN CONFERENCE
PHILADELPHIA VS. PITTSBURGH
Game 1 — Friday
Philadelphia at Pittsburgh, 7:30
Game 2 — Sunday
Philadelphia at Pittsburgh, 7:30
WESTERN CONFERENCE
DALLAS VS. DETROIT
Game 1 — Tomorrow
Dallas at Detroit, 7:30
Game 2 — Saturday
Dallas at Detroit, 7

NBA

CONFERENCE SEMIFINALS
EASTERN CONFERENCE
BOSTON VS. CLEVELAND
Game 1 — Last night
Cleveland at Boston
Game 2 — Tomorrow
Cleveland at Boston, 7
DETROIT VS. ORLANDO
Game 3 — Tonight
Detroit at Orlando, 8
Game 4 — Saturday
Detroit at Orlando, 5
(Detroit leads series 2-0)
WESTERN CONFERENCE
L.A. LAKERS VS. UTAH
Game 2 — Tonight
Utah at L.A. Lakers, 10:30
Game 3 — Friday

L.A. Lakers at Utah, 9
(L.A. Lakers lead series 1-0)
NEW ORLEANS VS. SAN ANTONIO
Game 2 — Monday
New Orleans 102 San Antonio 84
Game 3 — Tomorrow
New Orleans at San Antonio, 9:30
(New Orleans leads series 2-0)

MLB

LAST NIGHT'S RESULTS
AMERICAN LEAGUE
Tampa Bay 5 TORONTO 4
Boston 5 Detroit 0
Cleveland at N.Y. Yankees
L.A. Angels at Kansas City
Minnesota at Chicago W. Sox
Baltimore at Oakland
Texas at Seattle
NATIONAL LEAGUE
Chicago Cubs 3 Cincinnati 0
Florida 3 Milwaukee 0
Atlanta 5 San Diego 3
Pittsburgh 12 San Francisco 6
Washington at Houston
St. Louis at Colorado
Philadelphia at Arizona
N.Y. Mets at L.A. Dodgers

TONIGHT'S GAMES
AMERICAN LEAGUE
Baltimore at Oakland, 3:35
Boston at Detroit, 7:05
Cleveland at N.Y. Yankees, 7:05
Tampa Bay at TORONTO, 7:07

L.A. Angels at Kansas City, 8:10
Minnesota at Chicago W. Sox, 8:11
Texas at Seattle, 10:10
NATIONAL LEAGUE
Chicago Cubs at Cincinnati, 12:35
N.Y. Mets at L.A. Dodgers, 3:10
San Francisco at Pittsburgh, 7:05
San Diego at Atlanta, 7:10
Milwaukee at Florida, 7:10
Washington at Houston, 8:05
St. Louis at Colorado, 8:35
Philadelphia at Arizona, 9:40

AHL

AMERICAN HOCKEY LEAGUE
PLAYOFF GAMES FEATURING THE MARLIES:
TORONTO VS. SYRACUSE
Game 3 — Last night
TORONTO 8 Syracuse 2
Game 4 — Tonight
TORONTO at Syracuse, 7
(Syracuse leads series 2-1)

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Ontario Pick 4 3 6 8 5
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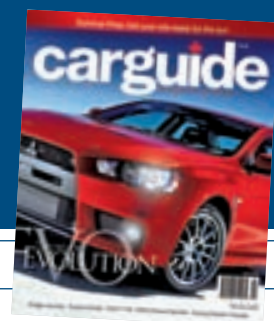
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Wednesday, May 7, 2008

Temptation at budget price

Details are what Hyundai Tucson is all about

By MICHAEL BANOVSKY
for Metro Toronto

Despite owning all manner of shoulder bags, I cannot appreciate the burst of joy a female must experience when noticing the Hyundai Tucson's built-in purse hook. It's there, in the passenger-side footwell — within easy reach for a quick scavenge to the cracked tube of lipstick that sits at the bottom of her bag.

Details are what the Tucson is all about; the integrated purse hook, standard 60/40-split rear seats, grocery bag hooks, tie-down anchor points; and in the rear, cargo tie-down mounting points. In addition, all Tucsons feature a composite load floor, under-floor sectionalized storage, storage bins, and three 12-volt powerpoints.

It's little details like these that allow you to be an organized and practical person without necessarily looking like one.

Driving the Tucson is basically car-like, save for the higher seating position and additional load capacity behind the rear seats. It's manoeuvrable in traffic, easy to park, and has (on most trim levels) grey bumpers to help protect against parking lot scrapes.

According to Hyundai, its approach to safety is to bun-



Driving the Tucson is basically car-like, save for the higher seating position and additional load capacity behind the rear seats.

dle features at a low price point, making safety technology accessible. To start, its active safety technologies include electronic stability control, traction control and dual front airbags. Dual side and dual curtain airbags are available on only the high-end \$30,995 Limited model ... if it's safety for all, why can't six airbags be in all models?

Despite wanting more airbags on lower-priced models, I'm happy Hyundai didn't skimp on the mechanicals. The Tucson has disc brakes standard on all models, plus ABS, Electronic Brakeforce Distribution (EBD), and Brake Assist (BA). EBD is neat because it allows for wheels

2008 Hyundai Tucson GL

- Type: Compact 5-pass. SUV FWD
- Price: \$22,995
- Engine: 2.0L I4 DOHC
- HP: 140 @ 6,000 rpm
- Torque: 136 @ 4,500 rpm

Highlights:

- Price and out
- Hidden practicality
- Fresh looks inside
- Standard mechanical safety features

with the most traction to receive more braking force. Brake Assist senses when you're doing a panic stop and applies additional pressure on the brakes in case you're not pressing hard enough on the pedal. Neat.

The Tucson L starts at \$21,195 and for that you get a four-cylinder engine, practicality, and not much else. Stepping up to the \$22,995 GL adds privacy glass, roof rails, air conditioning and an upgraded



Inside, the Tucson comes with a host of features that allow you to be an organized and practical person without necessarily looking like one.

stereo. Opt for an automatic transmission on the GL and cruise control is added at no charge. One might be hard-pressed to spend more than that, simply because there's little else to want above the

GL trim level.

Unless, of course, you think you need all-wheel-drive — which (with additional features) pushes the price to \$28,795 for the GL AWD.



One driver in 10 lost concentration at the wheel due to an impaired reaction caused by illness or medication, research shows.

Allergy medication can affect driving

The hay fever season is approaching fast and drivers could be putting themselves and other motorists at risk by driving under the influence of hay fever and allergy medication, according to new research out.

As many as one in seven drivers suffer from hay fever or other allergies, and almost half (45 per cent) of these have driven on the roads while taking medication and

nearly a fifth (18 per cent) admit their driving had been negatively affected as a result during the past 12 months.

One driver in 10 lost concentration at the wheel due to an impaired reaction caused by illness or medication.

Despite the side-effects, such as drowsiness, that everyday medicines including hay fever remedies can have, 25 per cent of drivers admitted to rarely or never

side-effects

» Possible side-effects that may occur as a result of taking medication include: Feeling tired or lethargic; dizziness; blurry vision; nausea; and inability to maintain attention span.

checking the side-effects of their remedies before setting off, and just under a quarter of drivers believed there was

nothing wrong with driving while on any hay fever or allergy medication.

But, in an odd contradiction, eight in 10 drivers would alter their behaviour if they discovered a hay fever medicine they were about to take might affect their driving, with a third (36 per cent) holding off taking the medicine until after having driven, and a quarter (24 per cent) not driving at all.



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Apart from its sharper, bolder styling, the main improvement from the previous generation C-Class is the sedan's handling.

Mercedes for masses

Small Benz reaches new levels of spirit and refinement

By B. MCLAUCHLAN
for Metro Toronto

While the Mercedes-Benz C-Class has been a popular car in Canada, it's never been a real competitor dynamically to the BMW 3 Series in the ever-expanding entry-level luxury car market segment.

Obviously tired of getting metaphoric sand kicked in its face, Mercedes threw all its assets at making the new-for-2008 C-Class the best-driving compact luxury sedan yet.

The Stuttgart automaker's designers and engineers have taken this precision German machine from a "little on the conservative side" to something trendy and a lot more fun to drive. But they also made sure to engineer in M-B's traditional solid feel.

From the outset, a fully-re-designed suspension tune helps immeasurably, as does steering that is full of feel, along with responsive and progressive brakes. That



Inside, the C-Class looks modern and clean.

combines to give plenty of confidence that the new C-Class is ready for any road.

Three versions of the C exist: The exclusive-to-Canada C230, powered by a 2.5-litre V6 producing 201 horsepower; the C300 with a 228-horsepower 3.0-litre V6; and the C350 with a 268-hp 3.5-litre V6. Either engine can be partnered with M-B's 4MATIC all-wheel-drive system. A six-speed manual is standard on the C300, but every other model gets the seven-speed automatic (with manual shift mode).

What makes the C-Class unique is that buyers can opt for two vastly different styling packages. Tradition-

2008 Mercedes-Benz C230

- Type: Compact 5-pass. sedan RWD
- Price: \$35,800
- Engine: 2.5L V6 DOHC
- HP: 201 @ 6,100 rpm
- Torque: 181 @ 2,900 rpm

Highlights:

- Expressive styling
- Handling
- Safety systems galore
- Bright and airy interior
- AMG sport package

alists can choose Classic, a more conservative look with the iconic three-star hood emblem, a simple chrome grille and an understated overall appearance. Those wishing a more dynamic visual package can opt for the more expressive Sport, adorned with the AMG sport package that, among other things, shaves the star from the hood and places a bigger one in the centre of the grille.

Inside, the C-Class looks modern and clean though, oddly, some trim materials look harder than they feel. Still, the seats are comfortable and supportable.

The standard equipment list is lengthy. It includes eight-way power adjustable

front seats, sliding glass sun-roof with pop-up function, power-folding side mirrors, bi-xenon headlights, MP3 compatible radio and 17-inch alloy road wheels. Need we mention that all windows are power operated?

Apart from its sharper, bolder styling, the main improvement from the previous generation C-Class is the sedan's handling. It has simply been brought up a few notches on the enjoyment scale with a near-perfect balance for tackling curves, corners and bends with aplomb.

Your friendly M-B dealer can provide a rear-drive C230 in exchange for \$35,800 (\$39,500 if you fancy the 4MATIC version).

Spring cleaning time for your car

It's definitely time for spring cleaning if someone writes "wash me" on your vehicle.

Even if your car hasn't reached that point, a good cleaning of the inside and outside prevents the buildup of damaging chemicals and dirt, reduces the potential for road salt-induced rust and helps ensure proper visibility needed for safe driving.

The first step is to remove the clutter from

inside the car. Items that have accumulated in the trunk can add extra weight and reduce gas mileage. Once you've done that, thoroughly clean and vacuum the interior and wash the windows.

When washing the outside, make sure to include the tires and wheels and the underside and fenders to eliminate any road salt or

grime. It's best to clean the wheels and tires with a mitt and then use a separate mitt to wash the bodywork, to avoid contaminating the vehicle's paint with debris from the wheels and tires.

Starting at the roof area, dirt, reduces the potential for road salt-induced rust and helps ensure proper visibility needed for safe driving. wash one section at a time, thoroughly rinsing away the soap as you go. Work your way down toward the front, sides and rear of the vehicle.

Then give the car a final rinse by removing the spray nozzle from the hose and letting water cascade down the surfaces of the vehicle. To avoid water spots, dry the vehicle with a chamois or other product made for drying.

The last step is to wax the car. Waxing should be done out of direct sunlight and every six months.



It's definitely time for spring cleaning if someone writes "wash me" on your vehicle.



Subaru's first-ever diesel engine poses a threat to BMW's International Engine of the Year crown.

BMW faces tough competition at awards

BMW has a fight on its hands as it guns for a fourth consecutive International Engine of the Year title.

The German company, which has scooped more trophies for engine excellence than any other company in the awards' 10-year history, faces tough competition from more than 20 new entrants to the awards in 2008.

Expected to fare well are strong challenges from Japan. Subaru's first-ever diesel is a much-respected effort, while Nissan's 3.8-litre twin-turbo, found under the hood of the GT-R, and Mitsubishi's 2.0-litre turbo in the EVO X are technologically advanced and powerful.

Strong contenders for

from N. America

» There are high hopes for North American success thanks to GM's new 6.2-litre turbo that powers the Corvette ZR1 and Cadillac CTS-V, plus Chrysler's 1.8-litre joint effort with Mitsubishi and Hyundai could well yield results.

BMW's crown also come

from Europe, with Audi's 5-litre V10, Fiat's small, but powerful, 1.4-litre Turbo, and Volvo's 3.0-litre turbo from the V70 to name just three.

However, BMW also has new engines to help defend its No. 1 status: The mighty 4.0-litre V8 and the innovative 2.0-litre twin-turbo diesel.



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The summer Travel Trendwatch report by Expedia.ca predicts continued travel growth to emerging hot spots in Europe such as Iceland, Dubrovnik and Budapest, and interest in more adventurous destinations like Nepal and Peru.

METRO NEWS SERVICES

Wednesday, May 7, 2008

Travel back to the revolution

Old English town held reins to industry in 1800s

By EMMA E FORREST
Metro World News

If you have ever wondered what it would have been like to live in Britain during the Industrial Revolution, then visit Blists Hill Victorian Town in Shropshire, England.

You can truly step back in time at Blists Hill. It's just one of nine museums in the Ironbridge area — including the Jackfield Tile Museum, Coalport China Museum, Museum of Iron and the Iron Bridge itself, the world's first cast iron bridge, built in 1779 over the River Severn — that showcase the best of the birthplace of the Industrial Revolution. Located in the heart of England, the area is considered so historically important that it is now a UNESCO World Heritage Site.

Each building in the Victorian town dates from the 1800s and has been carefully transported to the village and reconstructed brick by brick to recreate a small industrial town toward the end of Queen Victoria's reign.

Guides in costume and in character breathe life into these immaculately recreated shops, workplaces and homes, offering an astounding insight into what life was



The Iron Bridge was first opened in 1781. Left, visitors walk across the bridge, and right, a view of the underside.



Left, blacksmithing at Blists Hill. Right, the Iron Bridge spans the Severn Gorge at dusk.



like more than 100 years ago. Turn your pounds into shillings in the Victorian Lloyds bank and leave contemporary England behind. Treat yourself to a bag of candy from the sweet shop,

buy some freshly baked bread and see what's on offer in the grocers, chemist, candle makers and printers for all your turn of the century needs.

At lunchtime, you can send

your children off to the school, where they will be taught a lesson, Victorian-style, with chalk and blackboard, by a strict and smartly-dressed head teacher. Meanwhile, you can

nip off for a pint of traditional ale in the wood-panelled Victorian pub, where the locals gather round the piano for an old-fashioned singalong.

If you want you can even be Victorian and actively participate in the experience. Enrol in the blacksmithing course — the wrought iron works at Blists Hill is the only working iron foundry in Europe — and you'll be taught how to heat iron and steel until it is white hot before hammering it into shape on the anvil. Using traditional blacksmithing skills you'll be taught how to make objects including a fire poker, leaf key ring and coat hook. It's serious work, though, with amateur blacksmiths feeling the heat and developing giant

blisters on their hands as they hammer repeatedly at the iron rod to knock it into shape.

Despite the hard labour, it's a course people find creative, inspiring and rewarding. As most of us urban types don't actually get to make anything after school age — we just buy things then throw them away — most people find it satisfying to put time into producing something useful and durable in the blacksmithing course.

And with the world's current problems of environmental sustainability in mind, it's also one of the interesting things about visiting Blists Hill, and learning about how the Victorians lived.

need to know

» **Blacksmithing Experience Days** cost £100 (about \$200 Cdn) per person including all materials, a pub lunch and refreshments. Visit ironbridge.org.uk.

» **Where to stay:** The White Hart, Ironbridge. A spacious pub with stylish contemporary décor. For more, go to thewhitehartironbridge.com.

» **Where to eat:** The Drapers Hall, Shrewsbury. A staggering black and white building built in 1576 as a meeting place for the local guild of drapers merchants. See shrewsburydrapers.org.uk. METRO WORLD NEWS

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Playing volleyball at Bare Oaks Family Naturist Park, www.bareoaks.ca.

BARE OAKS FAMILY NATURIST PARK

Around the world without a stitch on

Why feel burdened by the oppressive weight of fabric when you can run around the world in your birthday suit?

Nudists — or naturists, as they prefer to be called — have a network of international organizations that hold bare-all experiences all over the globe.

They can choose from clubs, retreats, resorts, campgrounds and cruises all dedicated to the naturist lifestyle. Or they can attend events such as these:

RUNNING OF THE NUDES:

In an effort to end the running of the bulls in Pamplona, Spain, animal-rights group PETA has organized the Running Of The Nudes, www.runningofthenudes.com. This summer, activists will unite to shed their clothing for the ethical treatment of animals.

BARE BUNS FUN RUN:

Vancouver celebrates the 12th annual 5km Wreck Beach run on August 17. This beach sees some 500,000 visitors annually and, in addition to people watching, is a great place to spot a wide range of wildlife; wreckbeach.org.

THE SUPERBOWL OF NUDE VOLLEYBALL:



THE TRAVEL JUNKIE
JULIA DIMON
www.thetraveljunkie.ca

ington, Pa. holds an annual tournament that sees naked volleyball players from all over North America spike and serve in fleshy competition. This year, it takes place September 6 and 7 at White Thorn Lodge (a private nudist club that's been holding these events since 1971); www.WhiteThornLodge.org.

CRUISING AROUND:

Bare Necessities Cruises offer high-end, clothing-optional vacations through the high-seas. Naturists can bare all on these week-long cruises; www.barenecessities.com/aacruises.html.

TAKE IT OFF IN THE TROPICS:

Club Orient is an all-nude resort on the Caribbean island of St. Martin. Targeted to families, this resort promises white sandy beaches, crystal blue waters and bare bums; www.cluborient.com.

julia's tips

» For more about the naturist events across Canada visit www.FCN.ca

In theory, all of these events and destinations sound like fun, but my prudishness betrays me. "Why would anyone want to vacation ... naked?" I ask Stéphane Deschênes, spokesman for the Canadian Federation Of Naturists.

He explains that being a naturist means getting back to nature and shedding power of socialization. "Since clothing is worn to denote status and hide who we really are, shedding your clothes is liberating and lets you be you — imperfections and all."

Hmm. Breaking free from society's unrealistic standards of beauty? Challenging social conventions and getting comfortable with my own bod? Might take a bit of getting used to, but I think I could go for that. Maybe next time I book a holiday, I'll opt for naturism and leave my bathing suit behind.

Freelance writer Julia Dimon is editor of The Travel Junkie and co-host of Word Travels, a travel documentary series on OLN. Contact her at www.thetraveljunkie.ca.

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Portland prone to keeping it weird

Land acupuncture, velvet paintings common in city

Acupuncture is not just for people. It's also for cities — if the city is Portland, Ore.

Adam Kuby has stuck a seven-metre needle into the ground down by the Willamette River and hopes to plant more, choosing locations where he figures the city's "chi," or vital energy, needs some help.

Unusual? You bet. Unusual for Portland? Not really.

For several years, Portland has been reaping praise from lifestyle magazines, from Men's Journal to specialty publications, as one of the United States' more livable cities, listed among the best places to have a baby, grow old, go for a walk, ride a bike, take a jog, breathe clean air,



The bacon maple bar at Voodoo Doughnut.



A velvet painting is shown hanging in the Velveteria, the Museum of Velvet Paintings. The Made In Oregon sign is shown in the photo at the upper right.

own a dog, take public transportation, start a business (green or otherwise), go out for dinner or not get mugged.

The praises don't stop. Swing a cat and hit 10. On second thought, don't. Portland is rated the third-most humane city in United States.

But the magazines skim over Portland's quirkier qualities. They aren't bandied about, but they're not hidden either. To some, they make Portland even more endearing.

There's what's left of the 24-Hour Church of Elvis (online only these days), the Voodoo Doughnut shop, nude bike festivals, the 5K Bare Buns Run in Forest Park and what was billed as the world's

longest drag queen chorus line.

Public nudity is illegal in Portland but in a state where live sex acts are protected as

free speech, police involvement generally is limited to keeping order.

For kitsch lovers there's the Velveteria, a black velvet painting museum. Lots of taste, all of it bad in some eyes, unless you love it, and the owners do. Nothing is for sale. Open weekends.

A black light room enhances your favourite Mack Truck Jesus, wahine, Elvis or bandito.

"You will never be the same after a visit to the Velveteria," the website promises. And it has "arrived." A monthlong show at Powell's Books, billed

as the world's largest bookstore, began May 1.

"Zoo Bombers" are young adults who race on kiddie bicycles down steep and windy roads starting near the Ore-

gon Zoo. Speeds up to 80 kilometres per hour are achieved. Details and photos of fractures and ghastly scrapes and bruises are posted on the Internet as badges of honour.

"I used to bomb until a friend of mine biffed it pretty hard. He was in a coma for two months," says Chris Banks, who works the counter at a pizza joint where the Zoo Bombers sometimes gather before starting their wild Sunday night rides.

There weren't any Bombers at the pizza joint on a recent Sunday night.

"They don't always start from here. They're probably up there getting loaded first. These guys are hardcore," said the well-tattooed Banks.

Among the latest additions to the panoply of Portland's oddities are Adam Kuby's giant needles. An artist who arrived from New York four years ago, Kuby says the acupuncture project is an attempt to get people to see the city in a holistic way.

"It is a visual way of expressing what a lot of people already know," said Kuby. The city is "one organism, one body, one very complex, independent system."

Not to mention eccentric. Ubiquitous bumper stickers proclaim "Keep Portland Weird." They were meant to support small local businesses to keep Portland from being big-boxed out of its identity.

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Insider's guide to Amsterdam

By INGE TE SCHURE
Metro World News

There's more to Amsterdam than canals, coffee shops, bicycles and the red light district. As well as its museums and the 17th-century houses along the canals, Amsterdam has a lot of surprising sites, undiscovered by the mainstream tourist.

Pay a visit to the smallest house in the world (located at

Singel 7), the tiniest museum — the Miniature Museum for Modern Art (Singel 548), the "Magere brug" (skinny bridge, Amstel) or a Buddhist temple (Zeedijk 106-118) in the heart of the city.

where to stay

BUDGET: STAYOKAY AMSTERDAM ZEEBURG

A brand new hostel located east of the centre in a typical Amsterdam neighbourhood

designed by Dutch architect Edward van Vliet. The hostel shares this 1900s former school with a café/restaurant, theatre and cinema. www.stayokay.com

MID-RANGE: NH CITY CENTRE HOTEL

A hotel at the heart of Amsterdam overlooking the famous Singel Canal, close to the flower market and the home of Anne Frank. Offers a shuttle bus to and from the airport 20 kilometres away. www.nh-hotels.com

DELUXE: GRAND HOTEL AMRATH AMSTERDAM

A new luxury hotel set in the newly-restored Shipping House, a monumental building built between 1912 and 1916 in the Amsterdam School style that retains many of its original features. In the centre of town, 500 metres from the central station. amrathamsterdam.com

what to see

ANNE FRANKHUIS

The house where Anne Frank wrote her famous diary as she and her Jewish family hid during World War II is now a well-known mu-



At Amsterdam's markets, you'll likely find evidence of the country's liberal marijuana laws.

seum telling the story of their experience. Anne Frank's diary is among the original objects on display. annefrank.org

VAN GOGH MUSEUM

The museum contains the largest collection of paintings by Vincent van Gogh in the world, giving the visitor the chance to track the artist's developments, or compare his paintings to works by other artists from the 19th century in the collection.

www.vangoghmuseum.nl

RED LIGHT DISTRICT

Dating back to the 14th century when sailors arrived in need of some female company, the district just south of the central station is full of sex shops, brothels, gay bars, cinemas, hotels and different kinds of museums. While this part of the city is a major tourist attraction, the mayor has been trying to clean it up of late. <http://amsterdam-red-light-district.info/>

where to eat

HAESKE CLAES

A traditional restaurant that occupies six epic buildings in the historical centre of Amsterdam, complete with original architectural features. They serve traditional Dutch dishes including stamppot: Mashed potatoes with a vegetable, served with sausage and bacon. <http://www.haesjeclaes.nl/>

PANAMA

Trendy Mediterranean restaurant and club in the old port centre, the area is sometimes called the Manhattan of Amsterdam. Eat there then enjoy live jazz on Thursday and Sunday and sets from big name house DJs on the weekend. Book ahead www.panama.nl

where to club

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take it from a local

Amsterdam resident Brian S is one of the Netherlands' hottest DJs, playing funky house and groovy garage at his residencies at clubs all over the country and gigs that take him as far as Russia and the U.S. "The best thing about Amsterdam is everything is close by, so you can go bar-hopping, from one bar to another. "I like to go to cafés on the squares Leidseplein, Rembrandtplein, and then go clubbing at Cineac or Sinners. There's real diversity in Amsterdam. "Of course, all tourists should come to Cineac, where I perform every Thursday at a party called Rush 3000. If you're lucky, your visit will time with a big party with an international DJ. I love to do that myself, but usually I lack the time because I have to perform. My final tip: After a night of dancing, try a typical Dutch "kroket" (croquet), because the fast food store FEBO is open all night long!"

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CONTINUED FROM P. 24

club in one. Built as an orphanage in 1890 this building became a youth hostel in 1982 and was given its other functions in 1990. Housed in the building's former chapel, the club offers two floors of

music, a mix of international DJs, 80s theme nights, salsa lounge and club classic. www.hotelarena.nl

CINEAC

New club owned by famous Dutch DJ Tiësto lo-

cated in a monumental building that used to be a cinema. A young trendy crowd dines at the restaurant, and it's a club every Thursday, Friday and Saturday with the latest house and electronic music. www.cineac.nl



Amsterdam's Hotel Amrath is one of the more famous buildings that line the city's complex network of canals.

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Improved patient access, care

Nurse practitioners share some duties with physicians

Ontario's nurse practitioners are looking to share the load of patient care with the physicians in the province.

There are many health-care needs the province's generally small number of doctors duties that can be covered by nurse practitioners under the College of Nurses of Ontario: Administering complete physicals on adults, pre-natal and post-partum care and autonomously prescribing medicines such as antibiotics.

Theresa Agnew, a primary health-care nurse practitioner at the East End Community Health Centre, says the profession requires skill and knowledge in making a diagnosis and can lighten the burden for doctors.

"I always say there's more than enough grass to mow," says Agnew. "It's a lot better in terms of decision-making. If a child comes into the clinic and I'm a registered

« Young physicians don't want to work 24/7, they want to have a work-life balance. With nurse practitioners working together in team-based care, they can share the load and improve patient access. »

Theresa Agnew, nurse practitioner

nurse, I might write, 'Query: Ear infection' and a physician would examine them. As a nurse practitioner, I can write, 'Diagnosis: Ear infection.'"

But the province's nurse practitioners are looking to Queen's Park to loosen regulations on their range of practices since they were legislated into existence some 10 years ago, giving them both more power and responsibility in regards to the kind of care they can give and medicines they prescribe.

"Other provinces legislated nurse practitioners in after Ontario did it, but those



Nurse practitioners can complete physicals on adults as well as prescribe medicines, such as antibiotics.

provinces didn't have a list of drugs that could or could not be prescribed," says Agnew. "We're finding that list cumbersome: Often the amount of care we can provide is not up-to-date and we're hoping changes will come."

Changing the legislation corresponds with the changing times, Agnew notes. Conditions in the practice have made health care more of a team effort than ever.

"It's a really important role in collaborative practice. There was a time when a physician would work 24/7 in a certain community," says Agnew. "Young physicians don't want to do 24/7, they want to have a work-life balance. With nurse practitioners working together in team-based care, they can share the load and improve patient access."

METRO NEWS SERVICES



celebrating nurses

It's the time of year for Canadians to remember their nurses and everything they do.

May 12 to 18 marks National Nursing Week, an opportunity to honour nurses, and the profession in general. All next week it's a time to remind the nation of their contributions to society. At 270,000, nurses are the largest group of health-care providers in Canada, representing more than a third of the country's health-care workforce.

Along with the day-to-day work in varied roles on the front lines of health care, nurses have led the way in research and international development initiatives, raised awareness of health promotion and illness prevention, and have always been great catalysts in finding solutions to the ever-present and evolving problems in the nation's universal health-care system.

"We often say, 'Wherever people live, work and play, there will be nurses there to support them in their health and meeting challenges to their health,'" says Marlene Smadu, presi-

dent of the Canadian Nurses Association.

The week is celebrated around the world in conjunction with the birthday of Florence Nightingale, a pioneer in the field of modern nursing. But this year's National Nursing Week in Canada is extra-special because it coincides with the centennial of the Canadian Nurses Association. Representing more than 133,700 nurses across the country, the organization is dedicated to advancing the nursing discipline in the interest of the public. To celebrate the milestone, the group is highlighting nurses, past and present, from all domains (research, education, clinical practice and policies).

"(National Nursing Week) is a big week every year, but the week is especially big this year. It's a great chance for us to honour our leaders in nursing today and throughout history and the great contributions they've made," Smadu says.

» For more information on National Nursing Week, visit www.cna-aicc.ca.

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Nurses look to future

PDA's contain information on medication, more

Ontario's nurses are looking to PDA's as the way of the future.

PDA's (personal data assistants) are small personal handheld computers nurses refer to when they treat a patient. These handhelds often contain information on practice guidelines, medication, Internet access and GPS positioning, and have served as handy tools for the health-care professionals who have them. The devices have served nurses so well, in fact, that the Ontario Ministry of Health and Long-Term Care

— working together with the Registered Nurses' Association of Ontario (RNAO) and the University of Toronto — is spearheading an initiative to distribute 1,454 PDA's to several health-care centres across the province, among them hospitals, long-term care and health-care facilities in correctional institutes.

The idea behind the distribution of the PDA's is to make it easier for nurses to do their job on-site, says Rishma Nazrali, project manager at the RNAO.

"I'll give you a for example: The RNAO has a guideline on staging of wounds and management of wounds," she says. "A nurse might have a patient with a specific

wound, but isn't sure how to go about managing it. She would have this PDA with a guideline on it, and so she would be able to, right there at the point of care, be able to quickly access the necessary information, without having to track down a desktop computer."

While the ministry is in charge of the initiative, providing the content stored on the devices is the RNAO's bailiwick. The association has made an abridged version of its Best Practice Guidelines, a series of documents hundreds of pages long condensed into an online format. Nazrali says this is ideal for more isolated nurses who work in remote communities, among

other areas.

"A lot of sectors that really don't have a lot of computer technology would be able to access this: Long-term care facilities, the north and the rural areas, public health, community health centres, and corrections — all of these sectors would have less access to computers and technology and less available resources."

Completion of the PDA distribution is slotted for the end of June, but in the meantime Nazrali says more applications for these devices are in the works, and hopefully they'll work well enough to justify having them all over the province.

"I think that it's the



About 1,400 PDA's will be given to health-care facilities across Ontario to make it easier for nurses to do their jobs on-site.

province's decision, but the plan is to have a second round of applications (for the PDA's). Hopefully this will have some long-term effects," she says. **METRO NEWS SERVICES**



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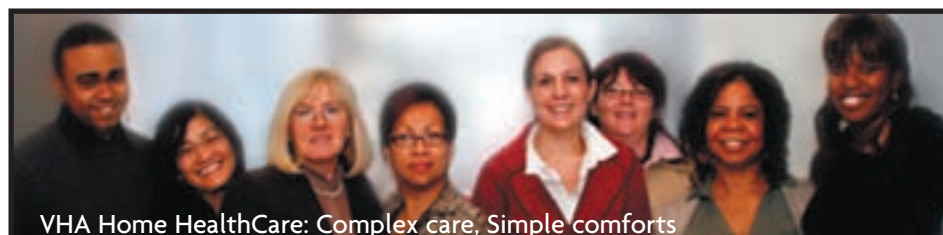
As we celebrate Nursing Week, RNAO thanks you – the single largest group of health-care professionals in Ontario – for the amazing work you do every day. From public health to primary care, hospitals to home care, long-term care to rehabilitation and everywhere nurses work; your knowledge, skills and compassion are making a difference. You are supporting people so they stay healthy, and caring for those who fall ill.

The work of all nurses is needed more than ever. Whether you've been nursing for 30 years or 30 days, you have touched countless lives in Ontario.

We thank you for your unwavering commitment to the health of your patients, for serving your community, and for strengthening health care in Ontario.

Wendy Fucile, RN, BScN, MPA, CHE
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workology

Courts aren't always an option for union workers

When Air Canada learned it had wrongly accused employee Troy Andrews of setting off a fake fire alarm at Pearson International Airport in Toronto, it did what many employers wouldn't have done: It apologized.

But Air Canada's apology fell on deaf ears. Claiming he was mistreated during the course of the investigation into the incident, Andrews filed a grievance under the collective agreement, where an arbitrator ultimately dismissed his claims.

Presumably dissatisfied with the arbitrator's decision, Andrews struck again: This time he initiated a lawsuit in the Ontario Superior Court — suing Air Canada and its representatives for alleged wrongs they had committed during the ordeal.

In bringing a court ac-

tion, I suspect Andrews was attracted to the perceived advantages of a lawsuit over a typical union grievance — the potential monetary recovery seemed greater, the

news media would surely report his case and the judge would sympathize with his story, whereas the arbitrator may have got it wrong — or so he thought.

Rather than responding to the merits of Andrews' case, however, the defendants contested the jurisdiction of the judge, arguing that, as a unionized employee, Andrews had no right to sue in court.

Recently, the Ontario Court of Appeal agreed, ruling the alleged dispute fell

within the exclusive jurisdiction of an arbitrator appointed under the collective agreement, rather than that of the courts.

Although courts have some limited discretion to entertain workplace disputes between unionized employees and their employer, these employees generally must seek any redress through grievance procedures in their collective agreements, or through labour tribunals.

This approach is not novel: Since 1995, when the Supreme Court ruled that disputes arising under a collective agreement should only be resolved by labour arbitrators, unionized em-

ployees have been without the same access to the courts as their non-unionized peers.

Here is some advice for unionized employees seeking to bring their claims before the courts:

» Approach jurisdictional issues realistically. A lawsuit should be commenced only as a last resort.

» Review and exhaust available appeal routes promptly.

» Obtain professional advice. It is not always a smart idea to launch an expensive lawsuit. The jurisdictional maze of the court system is particularly complex — and the appropriate procedural route will differ depending on the facts and circumstances of the case.

Daniel A. Lublin is a Toronto employment lawyer practising exclusively in the law of wrongful dismissal. He can be reached at dan@toronto-employmentlawyer.com or through his website, www.toronto-employmentlawyer.com.



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age >>
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occupation >>
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location >>
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A jury yesterday found Jack Jordan guilty of stalking and aggravated harassment, but acquitted him of two other harassment charges regarding actress Uma Thurman, left. **E! NEWS ONLINE**

movies

Superbad tops MTV nominations

AWARDS Nerds, pirates and robots rule the nominations for the 2008 MTV Movie Awards, MTV announced yesterday.

Superbad leads the pack with five nominations followed by Juno, directed by Canadian Jason Reitman and starring Canadians Ellen Page and Michael Cera, with four



Page

Also vying for prizes is Enchanted, Transformers, Pirates Of The Caribbean: At World's End and Knocked Up, with three nominations each.

Hosted by Mike Myers, the 2008 MTV Movie Awards will air live from Universal City, Calif., on June 1 at 8 p.m. on MTV in Canada.

METRO NEWS SERVICES

online

» For a complete list of nominees, go to www.mtv.com/movies/

Racer drives past limits

Actors navigate unfamiliar areas in making film

By **RICK MCGINNIS**
Metro Toronto

After the ferocious innovations of the Matrix films, it goes without saying that Speed Racer, the latest film by the Wachowski brothers, will take us into a place unconfined by mere logic or physics.

Taking the Japanese proto-anime classic as its source material, the Wachowskis sought to put a comic book onscreen, with countless sliding layers of graphic detail and a camera that moves impossibly through space around the actors.

What this meant for the actors was that little, if any, of what we see onscreen was actually in front of the cameras during filming in Berlin. For Susan Sarandon and John Goodman, who play Mom and Pop Racer, the heads of the car-addicted Racer clan, it required a leap into the un-



Roger Allam as Royalton, left to right, Susan Sarandon as Mom Racer, and John Goodman as Pops Racer star in the movie Speed Racer, which opens Friday.

known.

"When they called me," recalled Sarandon at a press event at the Long Beach Grand Prix, "after a few phone calls I said I just don't know what you're talking about but I'll jump. They were telling me all the different things they were doing technically—I just learned to text like a month ago. I'm way behind the learning curve. I can't even wear a watch, it stops on my body. Inanimate objects have never been my thing. If you're going

to do a big film, these are the guys to do it with. If you're going to do something cutting edge, instead of just some old green-screen movie, do it with the Wachowskis, and Berlin's not a bad place to spend the summer. They said the family in this movie was really important, and they really wanted to try to find a way that the emotional core survives what is happening onscreen."

Goodman said that, technical innovation aside, on the set he relied on the same

training he had used in ultra-low budget New York theatre productions.

"It harkened back to me to a time without money, without throwing a lot of money into a set, off-off-Broadway. When I first got into college I did a play in a church basement by Thornton Wilder and the directions were there are no props. There are chairs, tables. You use whatever you can, and not hone in on the props that are supposed to be there, and after a while the audience doesn't care. So

that's what it was like for me, like going back to off-off-Broadway. And you concentrate more on the person you're working with."

For Matthew Fox, the Lost star who plays the mysterious and masked Racer X, the preparation the Wachowskis put into creating their universe helped him visualize the setting that would be painted all around him after the actors had done their work on the green-screen soundstage.

"They did an amazing job of collecting these artists' renderings, and even these digital images that they'd been sending out, these satellite images from all over the world, collecting these images and putting them into the computer and building these bubbles, so that when you're standing on a green screen you can actually walk around and look at these big plasma monitors that would already have the world that you're existing in laid in behind you. They did an amazing job of bringing all of that help to you."

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Women bond stepfamilies



A WOMAN'S WORLD
LISI TESHER
letters@metronews.ca

We all know the classic Disney story of Cinderella and her wicked stepmother, who kept her as a maid while her ugly stepsisters behaved like princesses.

Though an extreme scenario, it was a predictor of the current era, when stepmothering is common, and the possibilities for a negative relationship exist. Today, many people remarry, and countless women find themselves in the stepmother role.

Well, the hard reality is this: It's entirely up to those women, who marry men with children from a previous relationship, to guide the way for the families to merge. Basically, the stepmother-stepchildren relationship depends on how the woman acts and reacts.

Remember, the children don't ask for this new arrangement, and they're often burdened with divided loyalties.

Some women respond to their new role by wishing their husband would forget about his previous family,

and they may do everything in their power to ostracize and separate the stepchildren. No matter how "good" the children may try to be, or how understanding and mature, they cannot compete with their father's new bride, especially if she's willful and manipulative. And in the end, barring they don't divorce, she'll win.

Other women may come up against serious anger, aggression, even resentment from their new stepchildren. No matter. If they're kind, loving, easygoing, and understanding, they'll eventually break down the walls these children have created, and help them grow into an extended family.

It's not easy, or that cut and dry. It's a lifelong relationship that, like any other, will have its ups and downs. But for all the complications, the end result lies in the woman's court.

Through divorce, I have a stepmother, and my mother became a step-

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« *It's important if you're about to become a stepmother, no matter how long you've already been in the relationship, to do some research and homework. You and your fiancé need to discuss what exactly he expects.* »

and your fiancé need to discuss what exactly he expects, how much actual "mothering" he expects you to do for his child(ren), and how he sees the merging of the families.

If, for example, you're marrying a man with teenagers and have none of your own, it would be prudent to read up on teenagers of today. Just having been one yourself doesn't give you enough expertise.

Creating a happy home life is the key to living a healthy, fulfilling, and happy life yourself. And remember: The children, whether babies or grown, didn't choose you over their real mother. It's up to you to win them over.

Lisi Teshar is a freelance writer and photographer living in Toronto with her husband and two children. She cares passionately about social injustices, children's health and education, and diversity.



from Day 1. This isn't a scene from the late 1960s television series *The Brady Bunch*, in which two widowed parents marry and bring their six children together. But it can work.

It's important if you're about to become a stepmother, no matter how long you've already been in the relationship, to do some research and homework. You

mother, and from my vantage point, they went about it in very different ways. I've seen the scenario from both sides, and I've seen friends struggle, again, from both sides.

It's rare that everyone accepts everyone in the "new family" happily and easily

Spears may visit sons for longer times

Britney Spears will have expanded visits with her two sons following a child-custody hearing in Los Angeles yesterday.

Mark Vincent Kaplan, lawyer for the pop singer's ex-husband Kevin Federline, said the longer visits are "recognition of the progress that has been made."

Speaking after the hearing concluded, Kaplan said there's been no change to orders granting custody of both boys to Federline, but that Spears would see them for longer periods. Another hearing was set for July 15 to get a progress report on the new arrangement.

Federline has had full custody of his sons by Spears, Sean Preston, 2, and one-year-old Jayden James, since January, when police were called to Spears' home after she refused to relinquish one of the boys to a Federline bodyguard. Her visitation rights were suspended at the time.

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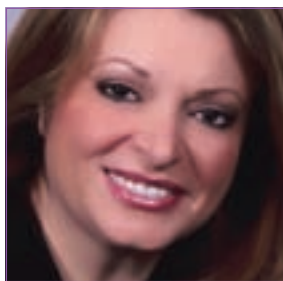
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Forgetful episode

Idols stumble with lyrics

By SANDY CAETANO
Metro Toronto

This has been, by far, the worst season during the run of American Idol for forgetting or stumbling with lyrics.

Whether these competitors are cracking under the pressure or just aren't concentrating hard enough, it isn't acceptable. And when you make it down to the final four, it's ridiculous to goof up that bad.

This season's fumbling began with David Archuleta, then the bug moved its way to Brooke White, and last night it was Jason Castro's turn to sabotage himself.

With songs from the Rock And Roll Hall Of Fame as their theme, the competitors were given two songs to convince viewers to vote for them.

After Castro's fun but lame attempt at Bob Marley's I Shot The Sheriff,



American Idol's Top 4 contestants, are, left to right, David Archuleta, Syesha Mercado, David Cook and Jason Castro.

one would have thought he would have upped the ante with his second song. Unfortunately, as he started Bob Dylan's Mr. Tambourine Man, he forgot the lyrics and just la-la'd until he remembered what to sing.

"I lost some lines in there, that's kind of bad," said Castro in his defence.

"It is what it is," said judge Paula Abdul.

"Pack your suitcase," added judge Simon Cowell.

If Castro doesn't go home after this mess up, it will be obvious he's picked up the sympathy vote from all the ladies at home watching the show.

But the evening wasn't all bad. David Cook, who

got off to an OK, yet lacklustre, start with Duran Duran's Hungry Like The Wolf, bounced right back with his unique take on Baba O'Riley by The Who. When Cook rocks, he does it with style.

Syesha Mercado is a soulful star and demonstrated that with two phenomenal performances of Proud Mary by Tina Turner and Sam Cooke's A Change Is Gonna Come.

David Archuleta was also on the ball with effortless performances of Stand By Me by Ben E. King and Elvis Presley's Love Me Tender. Though the ballad thing is getting old, it's his niche. So why mess with a good thing?



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metro

music

The bestselling CDs on Amazon.ca are: 1. Hard Candy, Madonna, left; 2. Third, Portishead; 3. The Reminder, Feist; 4. Juno Soundtrack, Various Artists; 5. Rarities, B-Sides And Other Stuff Volume 2, Sarah McLachlan. METRO NEWS SERVICES

Mel C sports new sound

Spice Girl tours Canada in support of new solo disc

By IAN NATHANSON
for Metro Toronto

Ask Melanie Chisholm whether she prefers to be a touring Spice Girl or a touring solo artist and the answer might come as some surprise.

"The Spice Girls are so much fun — it's amazing to perform to so many people and be so high-profile. It's what dreams are made of," says the amiable 34-year-old Brit better known as — pick one — Melanie C, Mel C or Sporty Spice.

"But my heart is in my solo work now. I get to do more of what I want to do."

Before last summer's Spice



This Time is the latest solo release from Spice Girl Melanie C.

Girls reunion announcement, Melanie C reportedly hesitated at the thought of any reunion. Yet mere months after her fourth studio album, *This Time*, was issued overseas, there was Chisholm joining her former Girl Power part-

ners Victoria Beckham (Posh Spice), Melanie Brown (Scary Spice), Emma Bunton (Baby Spice) and even Geri Halliwell (Ginger Spice) delivering news of a reunion and subsequent tour, which began in Vancouver last December and

wrapped up at the Air Canada Centre in late February.

"All my fears about getting back together with the girls, about how things would work out on stage ... none of those ever came about," she says. "It was frighteningly easy to slip back into those shoes. I guess because we're all so much older and had taken a step away from it, we really respect and enjoy each other more now than we ever did."

It remains a question mark whether any further Spice Girls performances will materialize. So, for now, Melanie C has downsized from the Spice Girls' arena-sized spectacle — glamorous costume changes, dance routines and all — to just being one singer fronting a band for her tour in support of last month's North American release of *This Time*.

Melanie C live

» Melanie C plugs her latest solo effort, *This Time*, tomorrow at the Phoenix.

"It's odd and does take a while to feel balanced again," Melanie C says of the adjustment. "But overall, playing so many gigs in tinier venues or in festivals makes you a better performer and you become far more confident on stage. That's always been my reason I wanted to be a solo artist."

Some of that credit, she says, is owed to Canadian rocker Bryan Adams, whose 1998 hit *When You're Gone* features a duet with Melanie C. "He really gave me the confidence to go on and become a solo artist," she says. "I've got a lot to thank Bryan for — he's a great friend."

metro **TOP FIVE**

Canadian rock acts of the '90s:

1. Sloan
2. Barenaked Ladies
3. The Tragically Hip
4. Bif Naked (below)
5. Alanis Morissette



— Metro News Services

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The Hills constructs ‘reality’

THERE'S GOLD IN THEM THAR HILLS: I'm man enough to admit when I don't get something, and MTV's *The Hills* is a television phenomenon that escapes my comprehension like Bugs Bunny giving Elmer Fudd the slip — I'm so flabbergasted by its pretensions to being "reality television" in spite of the obviously staged situations that I can't really see past that to whatever appeal Lauren, Heidi, Spencer and their coddled coterie have for audiences.

I'm also a balding, middle-aged man who watches the Military Channel to relax, so I'm guessing I'm not the target audience, either. Thankfully, I have people like Maureen Ryan of the *Chicago Tribune* to explain this riddle to me, which is nice, because I have this horrible feeling that if I asked one of the show's fans, they'd call a cop on me for being an old perv.

IDIOT BOX

RICK MCGINNIS

rick.mcginis@metronews.ca

As well they should. Ryan works from the (correct) assumption that we've split into tiny slivers of demography that, thanks to the atomized nature of society and culture, are extremely defensive about their tastes and preferences. So when she calls *The Hills* "the post-millennial *Friends*," she immediately qualifies it by asking *Friends* fans — now thirtysomethings whose lives likely no longer resemble the comic aimlessness that the show sold so well — to "not get all huffy."

"Friends painted a pic-

ture of post college life that was impossibly rosy and cozy," Ryan writes, "and yet viewers loved it because it was an aspirational fantasy. Who wouldn't want to live with one's friends across the hall, sufficient money and endless free time for coffee-house gossip sessions?"

The effortlessness of life as lived by the wealthy kids on *The Hills* is notable, especially compared to the hardscrabble fight for status among the Manhattan protosocialites on *Gossip Girl*, *The Hills*' closet rival in both subject and prospective audience. "And that's just one reason that *The Hills* irritates people older than 35," says Ryan. "Adults know life is harder and messier and much more expensive than the manicured dream that *The Hills* presents. And it makes some of us aging generation Xers — a group that made a fetish of authenticity

(touché!) — mad that this gossamer froth is labeled 'reality.'" What probably makes us generation X greybeards even more livid about *The Hills* is that "the kids" get their nonchalant blurring of the reality/fiction boundaries, and we don't. There's also the way that "the drama continues in the gossip rags and online once the season is over" as Ryan points out. "It's the perfect program for post-millennial multimedia domination, because the carefully constructed 'show' that is Lauren's life never really ends."

The kids have got something really new, and suddenly the generation that likes to think it invented the Internet feels like a grandparent who can't open an e-mail, and that sucks big time.

Rick McGinnis writes about music, movies, books and television, but not opera. He walked 47 miles of barbed wire and has a cobra snake for a necktie.

	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	5/7/08	265	353	2	TVO	In the Freezer	In the Freezer	The Agenda With Steve Paikin		Lilies "The Release"		Human Edge "The Mother" (N)
		211	331	3	GTV	ET Canada	Entertainment	Raiders of the Lost Ark ★★ ★★ (1981, Adventure) Harrison Ford.		Family Guy		News (N)
		215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere II	News (N)	The Simpsons
		210	302	6	CBC	22 Minutes	Just-Gags	Little Mosque		Sophie	CBC News: The fifth estate	King of the Hill
		214	344	7	CITY	Friends	Hollywood	America's Next Top Model (N)		Rock of Love-Bret Michaels	Two/Half Men	Two/Half Men
		212	313	8	CTV	eTalk	Jeopardy! (N)	Criminal Minds (N)		American Idol		CSI: NY "Personal Foul"
		218	345	11	CH	The Insider (N)	E! News	Deal or No Deal (ITV) (N)		Stunt Stars		News (N)
		137	763	13	TFO	Panorama en direct	Metropolis	Train de nuit (2007, Drame)				Le Silence
		-	-	14	-	Law & Order: SVU	News (N)	News (N)		King	King	Cold Case
		213	326	15	SUN	Scrubs	George Lopez	Price Is Right Spectacular		Backstab ★★ (1990, Suspense) James Brolin.		Grill Rm.
		-	387	16	CBS	Inside Edition	Hollywood	Price Is Right Spectacular		Criminal Minds (N)		CSI: NY "Personal Foul"
		-	385	17	NBC	The Insider (N)	Entertainment	Deal or No Deal (ITV) (N)		Law & Order "Strike" (N)		News (N)
		-	386	18	ABC	Wheel-Fortune	Jeopardy! (N)	Wife Swap (N)		Supernanny (N)		Audition: Barbara Walters
		219	346	20	ACH-B	Wheel-Fortune	Degrassi: Next	Smallville "Quest" (N)		Supernanny (N)		Law & Order "Strike" (N)
		-	-	28	FOX	Judge Judy (N)	Two/Half Men	Til Death		Back to You	American Idol	Seinfeld
		-	388	61	PBS	News-Lehrer	Britcom Membr	Secrets of the Dead (N)		American Masters (N)		American Masters: Franklin
		297	652	330	WPX	Two/Half Men	Family Guy	America's Next Top Model (N)		Farmer Wants a Wife (N)		CW11 News at Ten
		296	654	331	SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (N)		News (N)	Jeopardy!	Frasier
		298	653	332	TLA	Reba	Reba	My Wife-Kids		According-Jim	Family Guy	Family Guy
news		502	390	26	NW	News (N)	Newman	The Hour Mark Steyn.		CBC News: The National		CBC News: The National
		500	500	33	CNN	Lou Dobbs Tonight	CNN Election Center	Larry King Live		Anderson Cooper 360 (HDTV)		National
sports		509	504	79	CNB	Kudlow & Company	Fast Money	American Greed		The Big Idea With Deutsch		Mad Money
		405	417	22	net	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.	Playoffs -- Teams TBA. (HDTV) (Live)	Sportsnet Con.		NBA Basketball: Conf. Semi.		SportsCentre (HDTV) (Live)
family		400	400	30	TSN	That's Hockey	NBA Basketball	Ed's Up		Angry Planet	The Rig: Oil	Man's Work
		411	457	58	OLN	Exploration	Videos	Unique Whips		Pinks (N)	Pinks (HDTV)	Pass Time
		417	406	81	SC	Pinks (HDTV)	Pass Time	Fries That?		Mon. Warriors	Futurama	Shadow Raider
		551	542	25	YTV	Malcolm-Mid.	Prank Patrol	Scooby-Doo		Futurama	Tripping-Rift	Robot Chicken
		554	544	45	TEL	George-Jungle	Road Runner	Natural-Sadie		Natural-Sadie	Han. Montana	Life Derek
		556	540	51	FAM	That's-Raven	Smart Guy	Shopping Bags		Style by Jury	Smart Cookies	Maxed Out
		602	567	27	W	Will & Grace	Friends	The Shift		Springbreak.08	The Shift	PunchMuch
		570	580	29	MM	The O.C.	The O.C.	CSI: Miami (HDTV)		CSI: Miami (HDTV)		CSI: Miami "Grand Prix"
		615	520	31	A&E	CSI: Miami "Dead Air"	CSI: Miami (HDTV)	E Poi C'e Filippo (Italian).		The Sopranos "Kaisha" (SS)		CSI: Miami
		700	800	35	TLN	Centrovetrine	Sky TG 24	Back In...Love		Don't Forget the Lyrics!		Celeb. Rehab
		571	581	36	MMM	mmmtop	Popaganda	Ult. Coyote Ugly Search		Reba	Hope & Faith	Home Improve.
		575	583	38	CMT	CMT30	Totally	Da Vinci's Inquest		Trailer Park	Rent-A-Goalie	Life "Powerless" (HDTV)
		616	521	39	SHO	ReGenesis (HDTV)	Arts & Minds	Wingfield		Edge	Lies My Mother Told Me (2005, Docudrama)	Joely Richardson.
		620	523	40	BVO	Literature Alive	Arts & Minds	X-Weighted		How to Find a Husband (N)	Trading Spouses	
		601	562	41	SLC	Women on Top	Til Debt-Part	Re-Inventors		Urban Legends	Ultimate Engineering	Crime Stories
		522	506	43	HIS	JAG (DVS)	22 Minutes	Laughs		Corner Gas	The Simpsons	South Park
		625	548	44	COM	Air Farce	Buy Me	Open House		House Worth?	Property Virgin	Big City Broker
cable variety		600	564	46	H&G	House Hunters	Family Guy	The 6th Day ★★ (2000, Science Fiction)		Arnold Schwarzenegger.		Unsellable
		294	529	47	TBS	Family Guy	Family Guy	Access		College Hill	Poker Stars	The Wire Omar calls in a favor.
		576	582	49	BET	106 & Park	T.I. Speaks (N)	Star Trek: Voyager		Star Trek: Next Gener.		Supernatural (HDTV)
		627	528	50	SPC	Stargate SG-1	Cribs	4REAL		Parent Control	The Real World	
		581	566	52	MTV	MTV e2	Ad Persuasion	ET Canada		What Happen?	Family Guy	Seinfeld
		618	524	54	TROP	TV Made, Do It	Restaurant Makeover	Sorry!		No Place Like	Iron Chef America	Dinner Imposs.
		603	561	56	FOOD	Ricardo	Chef at Home	Hollywood's Knocked Up		Little Bear	Miss Spider	Comfy Couch
		261	394	60	V	Dawson's Creek	TMZ (N)	eTalk		Hollywood's Knocked Up	Le Tonight Show-Jay Leno	Glutton-Punish.
		621	527	63	STR	Look-A-Like	Hollywood	Wiggle-Learn		Franklin	Le Tonight Show-Jay Leno	Glutton-Punish.
		553	546	65	TRE	Wonder Pets	Night Grdn	Patrick Huard, Juste pour rire		Esprits criminels (HDTV)	Le TVA 22 heures (N) (SC)	Rolie Polie Olie
		115	711	101	TVA	Marché	Poule-oeufs or	Grands reportages (SC)		Le T��l��journal (SC)	Le Club des ex	Le National
		126	730	102	RDI	Dominique Poirier en direct	Decoding the Past	National Dream		Traders		Le T��l��journal
		526	507	249	CLT	The West Wing	In Treatment	X-Men: The Last Stand ★★ (2006, Action), Ian McKellen		Sleepy Hollow ★★ (1999, Horror) Johnny Depp.		Mr. Brooks
		300	601	301	M1	(6:15) Meet the Robinsons	In Treatment	X-Men: The Last Stand ★★ (2006, Action), Ian McKellen		Sleepy Hollow ★★ (1999, Horror) Johnny Depp.		Mr. Brooks
		305	612	306	PIX	Thunderball	(7:25) Air Bud: Seventh Inning Fetch	X-Men: The Last Stand ★★ (2006, Action), Ian McKellen		Sleepy Hollow ★★ (1999, Horror) Johnny Depp.		Blood-Blood

critics'corner—

Raiders of the Lost Ark

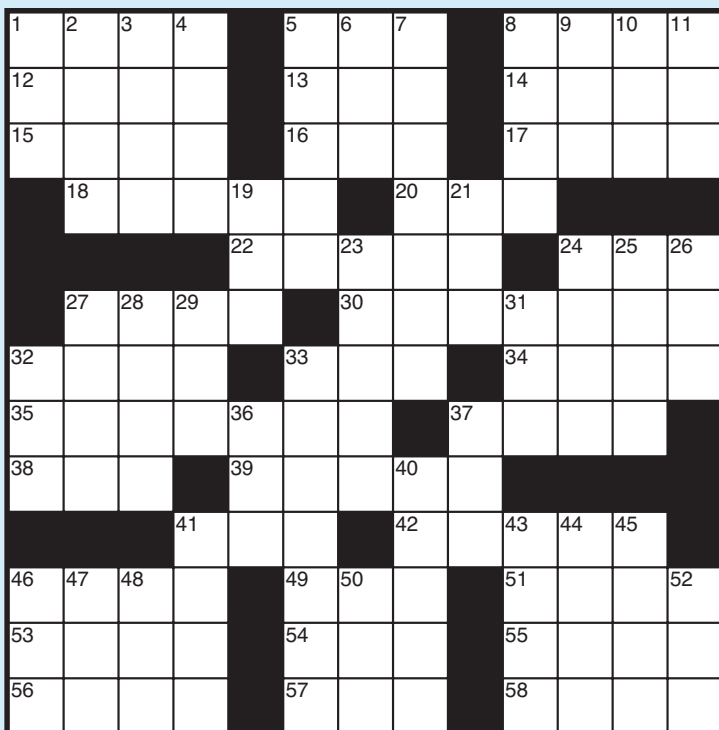
Hey, Indy! Nice hat! In the snake-riddled, whip-cracking 1981 movie that started the "Indiana Jones" saga, Harrison Ford plays the romancing, swashbuckling hero who fights the Nazis in an attempt to procure the most important archaeological find in all of history: the Ark of the Covenant. Karen Allen co-stars as the alcohol-swilling love interest. 8 PM on GTV



X-Weighted

Another season of the weight-loss series begins here. Unlike many similar series, this one looks beyond the fat percentage to find out why the pounds piled on. In a period of four to six months, participants do their best to avoid food triggers, lose weight and address the emotional issues affecting their lives and happiness. 8 PM on SLC

Get.
To.
The.
Point.

**down»**

- | | |
|-----------------------------|-------------------------|
| 1 Half-star movie | — Olin |
| 2 Hula accompaniment | 28 Baha'i origin |
| 3 Took a straw | 29 Sable or ermine |
| 4 Inch forward | 31 Casual farewell |
| 5 Gridiron ref | 32 Tire pressure meas. |
| 6 High dudgeon | 33 Gym shoe |
| 7 Type of engineering | 36 — take forever! |
| 8 Unwrap | 37 Camper, maybe |
| 9 "Put a — on it!" | 40 Auto option |
| 10 Yeasty brew | 41 Brats |
| 11 Marshy area | 43 Claims |
| 19 Impress deeply | 44 Paperless exam |
| 21 Doctrine | 45 Dinner beverage |
| 23 Banners | 46 Retiring |
| 24 Designer label | 47 Trouble |
| 25 Popular one-named singer | 48 Lightning by-product |
| 26 Freud topic | 50 Gloating cry |
| 27 Swedish actress | 52 Work as a tailor |

across»

- | | | |
|----------------------|----------------------------|---------------------|
| 1 Fella | 22 Blows gently | 41 Wyo. neighbor |
| 5 Turn sharply | 24 Aberdeen's river | 42 Finance |
| 8 Canute's foe | 27 Precious thing | 46 Take a dip |
| 12 Pod veggie | 30 Pruning | 49 RV haven |
| 13 Before | 32 Amazon source | 51 Spring bloom |
| 14 Nuclear reactor | 33 Kangaroo pouch | 53 Barrel part |
| 15 Mild expletives | 34 Toy on a string (hyph.) | 54 Canadian queries |
| 16 Affleck or Vereen | 35 Catching | 55 Nuisance |
| 17 Shangri-la | 37 Norm's wife on "Cheers" | 56 Itches |
| 18 Take an oath | 38 Auric's creator | 57 Caviar |
| 20 Munich single | 39 Physicist Nikola — | 58 Large number |

previous answer

J	O	E		C	H	A	F	E		F	R	O
E	L	M		O	A	S	E	S		A	O	L
T	E	A	C	H		K	A	T	Y	D	I	D
				I	H	O	P		T	A	E	
V	A	L	I	S	E	S				L	I	M
N	V		A	T	R	I	A			L	I	E
E	A	U		S	T	R	E	W		I	R	K
C	I	T	E		H	E	R	O	N		L	E
K	L	E	E		S	I	N	U	S	E	S	
				K	O	I		E	D	N	A	
B	E	D	S	I	D	E		E	S	S	A	Y
O	N	A		L	O	V	E	R		S	H	E
A	D	S		S	L	A	M	S		Y	A	W

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**TAURUS** | April 21-May 21

Now's the best time to get more training. You can crank-start a new way of relating. Someone will need to check into your bills and payments.

**GEMINI** | May 22-June 21

You can find a happy-go-lucky attitude. When a mistake is made, you'll get a head start. Carry on where somebody has left off.

**CANCER** | June 22-July 22

A disloyal creep will contact you for more cash. A call will concern a friend's escapade. Money will start to move closer to home.

**LEO** | July 23-Aug. 23

An eccentric's ideals will be revealed. You find a way to avoid doing a bad job. Find out if everyone is satisfied with your work.

**VIRGO** | Aug. 24-Sept. 22

There's a request that you'll have to look after. A fantasy will change someone's attitude. Objectivity will help you to find the truth.

**LIBRA** | Sep. 23-Oct. 23

Stop working for a while and just relax. Final plans are failing to please a woman. Someone has not been maintaining their resolutions.

**SCORPIO** | Oct. 24-Nov. 22

Write off a broken promise as a lesson learned. A lapse in your memory is only temporary. You don't have to rule the world, so relax.

**SAGITTARIUS** | Nov. 23-Dec. 21

Laugh in the morning and the day will pass easily. You'll be the star of the show. If others won't mingle, it's nothing personal.

**CAPRICORN** | Dec. 22-Jan. 20

Fate will take a hand in your circumstances. News of a stranger's death will be unsettling. An admirer will make an admission.

**AQUARIUS** | Jan. 21-Feb. 18

Remember that life can be stress-free sometimes. Toss limitation out of your frame of reference. A fool wants to get married soon.

**PISCES** | Feb. 19-Mar. 20

You can teach others to co-operate. An inefficient system needs alteration. A young person wants to give you something. AVATAR VENUS

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		5	3		8	1		
1		3				7	2	
					7	1		
				4	3	9		2
6								5
2		8	9	5				
			4	8				
	5	7				6		4
		9	1		7	8		

instructions»

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

solve time»

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

previous answer

2	4	6	3	5	7	1	8	9
1	8	5	4	6	9	3	2	7
9	3	7	8	2	1	5	4	6
4	6	3	7	1	8	2	9	5
5	9	8	2	3	4	6	7	1
7	2	1	6	9	5	4	3	8
6	1	4	9	8	3	7	5	2
3	5	9	1	7	2	8	6	4
8	7	2	5	4	6	9	1	3

This Day IN HISTORY

May 7, 1946: Tokyo Telecommunications Engineering (later renamed Sony) is founded with about 20 employees.

May 7, 1992: Space Shuttle Endeavour is launched on its maiden voyage.

May 7, 1992: Three employees at a McDonald's Restaurant in Sydney, N.S., are brutally murdered and a fourth permanently disabled after a botched robbery. It is the first fast-food murder in Canada.

WIKIPEDIA.ORG

Toronto weather**Afternoon**

Showers.
21°

Tonight

Showers.
10°

Thursday

Showers.
15° / 8°

Friday

Partly cloudy.
16° / 10°

The Weather Network
theweathernetwork.com

Saturday



Partly sunny.
15° / 7°

Temperature Normals
High: 16.1°
Low: 4.8°

Records
High: 29.4°/1939
Low: -5.6°/1966

Sunrise: 6:02 a.m.
Sunset: 8:28 p.m.
Moonrise: 7:11 a.m.
Moonset: 11:51 p.m.

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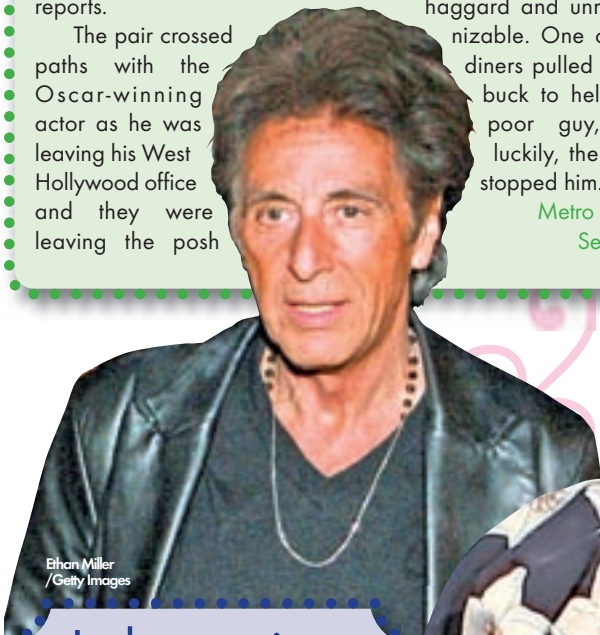
Pacino mistaken for a bum

Al Pacino is Hollywood royalty, but to one California couple, he's not much more than a bum, starmagazine.com reports.

The pair crossed paths with the Oscar-winning actor as he was leaving his West Hollywood office and they were leaving the posh

Italian restaurant Madeo next door. Clad in a beat-up leather jacket and baggy pants, Al looked all of his 68 years — haggard and unrecognizable. One of the diners pulled out a buck to help the poor guy, but luckily, the valet stopped him.

Metro News Services



Brian Miller/Getty Images

Lohan wins mom award

Dina Lohan is being honoured as a great mother, PageSix.com reports.

Right now, Dina's daughter, Lindsay, is literally a poster girl for bad behaviour yet Dina will be named a "Top Mom" by a Long Island-based charity, Mingling Moms Organization. Lindsay went to rehab three times last year and was jailed for drunken driving and cocaine possession.

Metro News Services



Bryan Bedder/Getty Images

Jessica engaged?

Jessica Simpson is reportedly engaged to Dallas Cowboys star Tony Romo, femalefirst.co.uk reports.

The singer's friends were heard toasting her "happiness" at a party thrown by P. Diddy in Hollywood last Friday.

Jessica, who was out without the American football star, was overheard telling pals, including Scrubs star Zach Braff: "I have never felt better. I am really excited."

Metro News Services

According to reports, the Dukes Of Hazzard star is determined to beat younger sister Ashlee down the aisle.

A source told Star magazine: "Jessica would love nothing more than to get married before Ashlee."

"It upsets her that her little sister will be married and she won't. She gets jealous when Ash gets more attention."

Jessica, who has been dating Tony for six months, even considered proposing to Tony herself.

Denise defends ex-hubby Sheen

Actress Denise Richards fired her nanny because she spoke ill of her ex-husband in front of the couple's young daughters, imdb.com reports.

Despite the former Bond girl's bitter divorce and custody battle with ex-husband Charlie Sheen, she insists no one in her employ speaks critically about her girls' father when they're in earshot. Richards says, "I actually fired a nanny once for bashing Charlie in front of the girls. Charlie is their dad, so if I insult their father it's an insult to them. I don't want them ever to feel torn between the two of us."

Richards only regrets the former couple can no longer be friends. She tells Redbook magazine, "Charlie is truly a stranger to me, and that's the really sad part. I know many people who have gotten divorced and remained good friends, and I envy that because it's obviously much healthier for the kids than our situation."

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Rodman in rehab

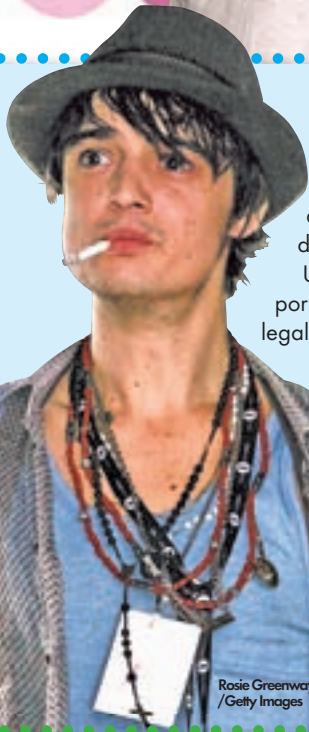
Dennis Rodman has checked into a rehab facility in Florida, his manager has confirmed, imdb.com reports.

The news follows Rodman's arrest on Thursday on suspicion of felony domestic battery. Cops believe he attacked his girlfriend during a drunken row at a Los Angeles hotel

the day before.

He was released on \$50,000 bail before heading to Miami, where he was spotted with friends over the weekend. On Monday morning, he entered an outpatient rehab centre in Fort Lauderdale, his representative Darren Prince has confirmed to tmz.com.

Metro News Services



Rosie Greenway/Getty Images

Doherty a free man

Pete Doherty walked out of London's Wormwood Scrubs prison yesterday morning, after serving just 29 days of a 14-week sentence for his usual litany of drug and driving offences, E! News Online reports.

Upon his release, the Babyshambles front man told reporters he was looking forward to indulging in one of his more legal vices: Drinking a rum and Coke.

But proving he hasn't gone completely hard in jail, Doherty also said he was jonesing for some quality time with his cat.

Doherty also wasted no time in showing the assembled media a certificate indicating that he had passed a drug test while behind bars. Metro News Services

Mariah had prenap, friend says

Mariah Carey may seem like she's on her own sparkly pink planet where unicorns prance freely and rivers flow with rain-bow-coloured sugar water, but girlfriend's got some survival instincts tucked in that brain of hers.

Despite speculation, Mariah has reportedly put the unromantic term "prenap" to use, E! New Online reports.

Mariah apparently told a friend that anyone who thinks she and Nick Cannon didn't have a prenap "is smoking something!"

Sorry, Nick. Better love up that Barbie Dream House while you're still living in it.

Metro News Services

Amy's hubby has a mistress: Reports

Blake Fielder-Civil is planning to leave Amy Winehouse for his mistress, female-first.co.uk reports.

Blake — who is currently in London's Pentonville Prison awaiting trial for grievous bodily harm and perverting the course of justice — has reportedly proposed to his mystery new girlfriend and has told friends he wants a massive divorce settlement.

The 25-year-old has enjoyed a string of secret visits from the mystery blond, who is friends with Amy, and on occasion has passed messages between the estranged pair. According to Britain's The Sun newspaper, Blake reportedly told his mistress: "Just say the word and I'll dump Amy."

He is set to ask for a divorce settlement of at least £3 million — demanding £250,000 for each month of his year-long marriage — despite being jailed for almost half of it. Metro News Services



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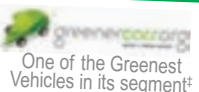
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